



Benefits to Help You Thrive



WHAT WE DO: We make high-quality food and beverages affordable to all, and we do it the TreeHouse Way through our core values



In return for all you do, we invest in you. Check out our exciting range of benefits:



THE RIGHT PLACE TO THRIVE

We know you have options. That's why we're building **TreeHouse Foods** to be a compelling place for the right employees to thrive and truly make a difference



WE GOT YOU COVERED!

- Health and other insurance benefits available your 1st day
- 401(k) available 1st of the month after 60 days of employment

FOR YOUR HEALTH

The essentials: Medical (Blue Cross Blue Shield of Illinois), Rx (CVS/Caremark and others), Dental (Delta Dental) and Vision (VSP). We even have Telemedicine if you don't want to leave home

Trouble navigating health care? A Benefits Value Advisor is ready to help you find your way and save money too

Save even more through a tax-free Health Savings Account that TreeHouse puts money in, or a tax-free Health Care Spending Account

No matter your health status, we have Wellness Resources like diabetes management support to help you get and stay healthy

FOR YOUR WEALTH

Show me the money! We have a 401(k) plan (Empower) that offers a 100% match — dollar for dollar, up to 5% of pay. That's like a 100% return on the first 5% you contribute. Even better, you're vested in these matching contributions right away

To protect your income: Short-Term and Long-Term Disability (LTD) coverage. There's even Buy-up LTD if you want more

To protect your loved ones: Basic Life and AD&D Insurance. Plus Supplemental Life and AD&D Insurance options for you, your spouse and children

TO HELP YOU BALANCE

To relax and recharge: Paid Time Off, including vacation and holidays

To care for new family additions: Parental Leave for both Moms and Dads!

To help with life's challenges: The Employee Assistance Plan, a confidential service for matters like relationship issues, debt management, child/elder care referrals and more. We also offer Grief Counseling during life's most difficult times. Plus, Care@Work to help with childcare, eldercare, or pet care and more. With back-up care days included.



WANT TO KNOW MORE?

Go to [LearnChooseBenefit.com](https://www.learnchoosebenefit.com). You'll find options, costs, contacts and more